



Stay Home, Protect the NHS, Save Lives

25th March – 15th July

Year 10 and 12 Project:

The next couple of months are going to be some of the most surreal and challenging times we as a society will ever have faced. Neither your teachers nor parents will have ever experienced anything like what we are now experiencing. This may very well be true for your grandparents as well. The last time people in this country will have ever gone through a society shutdown of this nature will have been during World War Two (1939 – 1945).

With this in mind and understanding that this period of time will be taught about in years to come I would like us all to start thinking about how we can contribute to future generations understanding of what life is like now. In order to do this our project during the time that you are not physically at school (for however long that will be) will be to create a time capsule. If you have ever done one before you will know that this is a great way to capture events during a certain period of time.

Resources you may need for the project:

- An empty box (a shoe box is always a good idea)
- Paper
- Camera (your phone is fine)
- Pens and pencils
- Any other creative resources you may have.

Each Wednesday at 1.20 I will send out an email with the weekly task for your time capsule. You will then have Wednesday afternoon in which to complete the task.

Once you have completed the task you can either save the work on your computer/or in One Drive in a folder titled 'Project March 2020' (if you have completed it on a computer) or keep in a safe place if you haven't completed it on a computer.

Continuous tasks to do each week:

The tasks below are ones which you can be completing each day throughout the time we are not physically in school.

Task	Description
Daily Journal	A daily entry of what you are doing each day during the shutdown. This doesn't have to be long, just a few notes of what your day is like. This can be hand written or done on the computer.
Exercise	Evidence of your daily physical activity during this time. This could be included in your journal or you could create a blog, vlog etc. A great exercise routine to follow is the daily PE lesson from Jo Wicks - https://www.youtube.com/watch?v=6v-a_dpwhro I did my first one today, it was brilliant and I know a lot of your teachers are also following this routine!
Reasons to be cheerful	Each day write one thing that you can be cheerful about. Where you can, take a photo and send it to Mrs Foo (t.foo@healthfuturesutc.co.uk) to post on our social media platforms.
Collect memorabilia from the time	Collect small things that will be a reminder of the time e.g. loo roll, hand sanitiser etc. with a little explanation of why each one will always be remembered for the Covid19 Pandemic.